

Support Her, Protect Them

The goal of every pro-life person should be to end abortion. Abortion is the willful termination of a pregnancy. Life starts at conception. This means abortion is the willful murder of an unborn baby. If you want to protect the life of an unborn baby, we need to understand why a mom would choose death over life. Unfortunately, there are women that choose abortion because they believe the lie. They believe their unborn child is just a clump of cells. In this case, education would be the best way to support her and protect the unborn. However, a recent study found that nearly 75% of abortion patients were living below the federal poverty level.¹ It seems clear that if we support mothers, we can protect unborn babies.

Financial struggles have long been a reason women choose abortion. We are unable to fix poverty in a day, and we are not going to solve world hunger overnight. However, with the right support, we might get more women to choose life. First, there are federally funded organizations that assist low-income families. W.I.C. (Women, Infant, and Children) is a renowned program that supports women from the moment they find out they are pregnant until their child turns five. They provide healthy food, education, referrals for other services, and much more. There are also housing programs, like HUD (Housing and Urban Development) that provide rental housing for low-income families that are eligible. These and similar federal programs are available across the nation to expecting moms. There are also non-profit organizations.

Most communities have pregnancy care centers. These non-profits offer a wide range of services that vary from center to center. For example, some have ultrasound machines and others do not. They all offer free pregnancy tests and honest counseling. They should have a list of local

¹ Weitz, Tracy A. "Making sense of the economics of abortion in the United States." *Perspectives on sexual and reproductive health* vol. 56, 3 (2024): 199-210. Doi:10.1111/psrh.12288

resources available. This would include resources like food banks. Our local pregnancy care center offers different ways expecting parents can earn “store dollars.” If they take a parenting class, for instance, that class will earn them a certain amount of dollars. Later, they can shop at the pregnancy care center’s store and purchase new or gently used items that have been donated.

Let Them Live is a non-profit that offers support to pregnant mothers. Their support encourages moms to choose life and protect their unborn. Founders Nathan and Emily Berning literally emptied their bank account to support a struggling pregnant woman considering abortion. After the mom chose life, the Bernings founded Let Them Live to support other moms. Anyone can go to their website to read more about their mission and how to donate.

Not everyone can empty their bank accounts. So how can you support her to protect them? Maybe you can donate money, either a large sum or a small amount given monthly. Maybe you can donate your time and volunteer at your local pregnancy care center. Maybe you can volunteer to teach a parenting class. Offering to babysit, participating in a meal train, or giving away gently used baby items are also great ways to support her and protect them. You could just be a friend. Sometimes a listening ear is all a person needs to feel supported. Getting pregnant is not the worst thing, it’s not the end of your life, and it does not have to be the end of your baby’s life. We must support her to protect them.