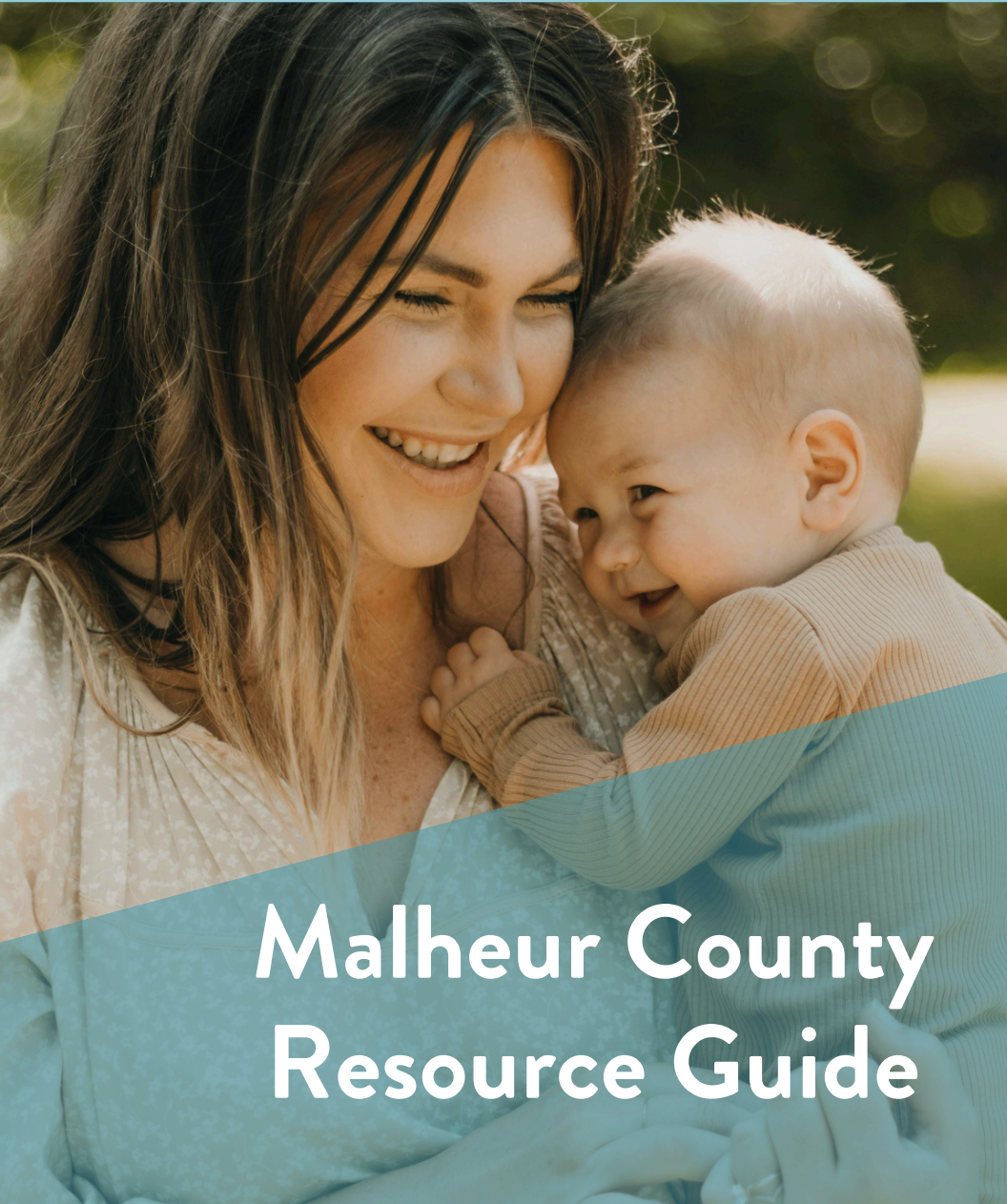




OREGON
**RIGHT
TO LIFE**

EDUCATION FOUNDATION



Malheur County Resource Guide



You are not alone.

There are life-affirming resources and support available to you.

This resource guide provides a curated list of high-quality, compassionate resources that are available in your community.

From pregnancy resource centers and diaper banks to food pantries, each resource has been carefully selected to connect you with the full spectrum of care available in Malheur County and the Treasure Valley.

**Don't know where to start?
Need additional resources?**

**To connect with additional
support systems in your area,
contact us at:**

**(503) 463-8563
community@ortl.org**



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EDUCATION FOUNDATION

Resources provided by Oregon Right
to Life Education Foundation
March 2026

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A pregnant woman with long, wavy brown hair is shown in profile, looking towards the right. She is wearing a light blue, short-sleeved, ribbed dress with a subtle pattern of small holes. She is holding a large bouquet of flowers, including blue hydrangeas, white chrysanthemums, and purple flowers. The background is a blurred outdoor setting with trees and a body of water. A semi-transparent teal banner is overlaid across the middle of the image, containing the text "MALHEUR COUNTY" in white, bold, sans-serif capital letters.


MALHEUR COUNTY


A pregnant woman with long brown hair, wearing a white long-sleeved dress, stands outdoors next to a tree. She is looking up at a clothesline where several pieces of baby clothing are hanging. The scene is set in a lush, green outdoor environment. A semi-transparent teal banner is overlaid across the middle of the image, containing the text 'Pregnancy Resources'.

Pregnancy Resources

Pregnancy Resources

Abortion Pill Reversal


 (877) 558-0333

 help@apr.life - immediate help
info@apr.life - non-emergency

 abortionpillreversal.com


 Free, confidential help, information about the abortion pill reversal process, the abortion pill itself, & information on all your pregnancy options. Quickly connects you to the local assistance you need.

Hope Pregnancy Center

 (541) 889-4272

 office@hpcontario.com

 mightbepregnant.com

 17 SW 6th St
Ontario, OR 97914

Free services include:

- Pregnancy testing
- Ultrasounds
- Pregnancy decision consultation
- Abortion Pill Reversal
- Post-partum & lactation support
- Parenting classes
- STI testing & education
- Support for men
- Community resource referrals
- Post-abortion support

Medical staff available:

- Mon 10am - 5pm
- Wed 1pm - 5pm
- Thu 10am - 5pm

Education day:

- Tue 12pm - 5pm

A young child wearing a white chef's hat, a white long-sleeved shirt, and red overalls is standing in a play kitchen. The child is holding a red toy apple. The kitchen is light blue and includes a sink, a stove, and various toy utensils. A stuffed monkey is on a chair to the left, and a large stuffed bear is in the foreground. The text "Community Resources" is overlaid in white on a semi-transparent blue background.

Community Resources

Community Resources

Basic Needs

Clothing / Household Items / Thrift Stores

Blessed Sacrament Baby Closet



(541) 889-8469



bscpparish@gmail.com



blessedsacramentontario.org



829 SW 2nd Ave
Ontario, OR 97914

- Free baby items
- Baby clothes up to age 2
- Tue - Fri, 9am - 4pm

Building Healthy Families



(208) 739-3249



ldickard@oregonbhf.org



oregonbhf.org



780 SE 6th St
Ontario, OR 97914

- Diaper bank
- Clothing closet
- Mon - Fri, 9am - 3pm

Care-O-Sell Consignment



(541) 881-1178



icare_o_sell@yahoo.com



156 S Oregon St
Ontario, OR 97914


- Thrift & consignment store
- Discounts on used items
- Mon - Fri, 10am - 6pm
- Sat 10am - 4pm


Community Resources

Basic Needs

Clothing / Household Items / Thrift Stores

Idaho Youth Ranch Thrift Store

 (541) 889-7716

 iyrthriftstores.org

 2588 SW 4th Ave
Ontario, OR 97914

- Clothing
- Household items
- Sun 12pm - 5pm
- Mon - Sat, 9am - 6pm


Off The Racks


 [facebook.com/
offtheracksclothingandmore](https://facebook.com/offtheracksclothingandmore)


 2588 SW 4th Ave
Ontario, OR 97914

- Discount store
- Clothing
- Household items
- Toys
- Mon - Sat, 10am - 5:30pm

The Little Red House Thrift Store

 (541) 889-8469

 bsccparish@gmail.com

 blessedsacramentontario.org

 829 SW 2nd Ave
Ontario, OR 97914

- Clothing
- Household items
- Clothing available for \$1 per piece or \$0.50 for infant/toddler
- Cash only
- Vouchers available in parish office for free items
- Mon, Wed, Sat, 1pm - 5pm

Community Resources

Basic Needs





Food Pantry

Annex Mobile Pantry

 (541) 262-3280
 oregonfoodbank.org
 402 Annex Rd
Ontario, OR 97914

- Food distribution
- 2nd Thu of the month, 4:30pm - 5:30pm

Blessed Sacrament Community Food Pantry

 (541) 889-8469
 bsccparish@gmail.com
 blessedsacramentontario.org
 829 SW 2nd Ave
Ontario, OR 97914

- Food distribution
- Tue 1pm - 4pm

Building Healthy Families Food Pantry

 (208) 739-3249
 ldickard@oregonbhf.org
 oregonbhf.org
 780 SE 6th St
Ontario, OR 97914

- Call for distribution hours


Community Resources

Basic Needs

Food Pantry

MALHEUR

Harper Mobile Pantry


 (541) 889-9206

 oregonfoodbank.org

 2975 A St
Ontario, OR 97914

- Food distribution
- 2nd Thu of the month
- 11am - 12pm


Next Chapter Food Pantry & Garden (First Christian)

 (541) 889-9332

 180 NW 1st St
Ontario, OR 97914

- Food distribution
- Fri 12pm - 3pm

Next Chapter Food Pantry & Garden (St. Matthew's)

 (541) 889-9332

 762 SW 5th St
Ontario, OR 97914

- Food distribution
- Tue 4pm - 6pm
- Thu 12pm - 3pm

Community Resources

Basic Needs

Food Pantry

Nyssa Community Food Pantry



(541) 372-5623

- Call for food distribution hours



oregonfoodbank.org



415 Main St
Nyssa, OR 97913

Ontario School District Food Pantry



(541) 889-5377

- Call for food distribution hours
- Open to students & families of students who attend any school in the Ontario School District



oregonfoodbank.org



573 SW 2nd Ave
Ontario, OR 97914

School Pantry at Oregon Child Development Coalition



(541) 889-5325

- Call for food distribution hours
- Open to students and families enrolled in Oregon Child Development Coalition programs



oregonfoodbank.org



482 SE 3rd St
Ontario, OR 97914

Community Resources

Basic Needs

Food Pantry

TFP Therapeutic Services Food Pantry

📞 (541) 889-1050

✉️ general@tfpservices.org

🌐 tfpservices.org

🏠 390 NE 2nd St
Ontario, OR 97914

- Last Fri of every month, 9am - 12pm

Vale Food Pantry

📞 (541) 212-8878

🌐 oregonfoodbank.org

🏠 222 Yakima St S
Vale, OR 97918

- Food distribution
- Tue 1pm - 4pm
- Thu 12pm - 3pm



Community Resources

Basic Needs

Housing / Utility / Financial Assistance

MALHEUR

Community in Action

- ☎ (541) 889-9555
- ✉ info@cina.team
- 🌐 communityinaction.info
- 🏠 915 SW 3rd Ave
Ontario, OR 97914

- Housing programs
- Energy assistance
- Rental assistance
- Weatherization

Housing Authority of Malheur and Harney County

- ☎ (541) 889-9661
- ✉ lamber@hamhc.org
- 🌐 hamhc.org
- 🏠 959 Fortner St
Ontario, OR 97914

- Eligible to households meeting low or moderate income guidelines
- Rent subsidies
- Low-rent housing program
- Homeownership program
- Family self-sufficiency program

IRCO Eastern Oregon

- ☎ (971) 358-0268
- 🌐 irco.org/locations/eastern-oregon
- 🏠 723 S Oregon St
Ontario, OR 97914

- Eligible to households that meet low income guidelines
- Housing assistance
- Housing navigation & placement
- Case management
- Eviction prevention
- Utilities assistance
- Rental assistance

Community Resources

Basic Needs

MALHEUR

Housing / Utility / Financial Assistance

Love INC

☎ (541) 216-6116

✉ connect@loveincoreida.org

🌐 loveincoreida.org

🏠 180 NW 1st St
Ontario, OR 97914

- Financial assistance
- Mon, Tue, Thu, 9am - 12pm

Oregon Human Development Corporation

☎ (541) 881-1491

🌐 ohdc.org

🏠 1725 N Oregon St
Ontario, OR 97914

- Farmworker housing
- Weatherization




Community Resources


Transportation

MALHEUR



Point Intercity Bus Services


 (541) 889-7651


 oregon-point.com/routes/eastern

 842 SE 1st Ave
Ontario, OR 97914

- Intercity bus transportation between Ontario and Bend

SRT - Malheur Express

 (541) 881-0000

 mcoacs.org/Transportation

 842 SE 1st Ave
Ontario, OR 97914

- Transportation services
- Ontario fixed route
- Ontario/Vale/Nyssa commuter route
- Snake River access
- Non-emergent medical transport
- Regional bus service



Care for Children


Care for Children

Boys & Girls Clubs of Western Treasure Valley

 (541) 889-7979
 castellani@bgcwtv.org
 bgcwtv.org
 573 SW 3rd Ave
Ontario, OR 97914





- Before & after school services
- Full summer programs
- Low cost yearly membership fee

Building Healthy Families

 (208) 739-3249
 ldickard@oregonbhf.org
 oregonbhf.org
 780 SE 6th St
Ontario, OR 97914

- Free diapers
- Early childhood programs
- Parenting programs

Eastern Oregon Early Learning and Care Network

 (541) 920-0699
 amelia.fernandez@malesd.org
 eokidsandcare.org
 2927 SW 6th Ave
Ontario, OR 97914

- Preschool identification & enrollment support
- Peer connections
- Free learning resources
- Relief nursery programs

Care for Children

MALHEUR

IRCO Healthy Families Eastern Oregon

☎ (971) 419-7140

✉ melissa@irco.org

🌐 facebook.com/HealthyFamiliesEasternOregon

🏠 723 S Oregon St
Ontario, OR 97914

- Free home visiting program for pregnant women and families with infants (up to 3 years old)
- Available to families of all income levels
- Personalized parenting support
- Child development education
- Age-appropriate activities

Malheur County Child Development Center

☎ (541) 889-2393

✉ contactus@mccdc.org

🌐 mccdc.org


🏠 790 SW 7th Pl
Ontario, OR 97914

- Head Start
- Early Head Start




Care for Children


Oregon Child Development Coalition

 ocdc.net


- Migrant seasonal Head Start
- Early Head Start
- Oregon Prenatal to Kindergarten program
- Maternal, infant, and early childhood home visiting
- Parent programs open to all parents with children enrolled in OCDC programs

Adrian

 (541) 372-2337


 305 Owyhee St
Adrian, OR 97901

Ontario

 (541) 889-5325


 482 SE 3rd St
Ontario, OR 97914


Nyssa

 (541) 293-3014

 308 E 2nd St
Nyssa, OR 97913

Treasure Valley Children's Relief Nursery

 (541) 823-2526

 hello@tvcrn.org

 tvcrn.org

 780 SE 6th St
Ontario, OR 97914

- Therapeutic classrooms for children ages 6 wks - 3 yrs
- Outreach programs
- In-home parenting support
- Parent education

A healthcare professional in a white lab coat and a patient in a light blue lab coat are sitting on a medical table. The healthcare professional is holding a tablet and looking at it, while the patient looks on attentively. The background is a plain, light-colored wall.

Health & Well-Being

Health & Well-Being

Altruistic Recovery



(541) 216-6068



aanderson@altruisticrecovery.org



altruisticrecovery.org



1219 SW 4th Ave
Ontario, OR 97914

- Recovery support programs
- Wellness & resilience support
- Medical assistance treatment
- Healthy relationships workshops
- Peer support recovery coaching
- Safe driving education
- Parenting classes

Broken Chains



(541) 889-2260



office@ccontario.com



ccontario.com/broken-chains



1775 Alameda Dr
Ontario, OR 97914

- Support ministry for those dealing with life-controlling addictive behaviors

Celebrate Recovery



(541) 889-7264



mail@clfontario.org



clfontario.org/celebrate-recovery



366 SE 5th St
Ontario, OR 97914

- Addiction recovery support program

Health & Well-Being

MALHEUR



Lifeways Outpatient Clinic

☎ (541) 889-9167 x2279

✉ info@lifeways.org

🌐 lifeways.org

🏠 702 Sunset Dr
Ontario, OR 97914

- Mental health counseling and addiction services for adults
- Children's services
- Crisis management
- Intellectual & developmental disabilities
- Peer support
- Prevention
- Assertive community treatment

Lifeways Recovery Center

☎ (541) 889-2490

✉ info@lifeways.org

🌐 lifeways.org


🏠 686 NW 9th St
Ontario, OR 97914

- Residential recovery center
- Personal treatment plans
- Individual counseling
- Group therapy
- Recreation therapy
- Psychiatric services
- Mental health counseling
- Community integration

Health & Well-Being

MALHEUR

Lifeways Youth Center

 (541) 889-9167
 info@lifeways.org
 lifeways.org
 1257 SW 4th Ave
Ontario, OR 97914

- Individual and family counseling
- Parent-child interaction therapy
- Medication management
- Parenting classes
- Processing, skills, and peer groups
- Individual skills training



Health & Well-Being

Oxford House (Men)

☎ (541) 646-4814

✉ oxfordhouse.org

🏠 59 SW 13th St
Ontario, OR 97914

- Self-supported home for men in recovery from substance use disorders

TFP Therapeutic Services

☎ (541) 889-1050

✉ general@tfpservices.org

🌐 tfpservices.org

🏠 390 NE 2nd St
Ontario, OR 97914

- Individual counseling
- Family counseling
- Parenting classes
- Accepts Oregon and Idaho Medicaid



A pregnant woman with long dark hair, wearing a light blue, short-sleeved, textured dress, is shown in profile, holding her belly. In the background, a man is lifting a young child into the air. The scene is outdoors with trees and a bright sky. A semi-transparent teal banner is overlaid across the middle of the image, containing the text "Emergency Services".

Emergency Services

Emergency Services

Project Dove

☎ (541) 889-6316

✉ lynelle@projectdoveor.org

🌐 projectdoveor.org

🏠 44 NW 5th Ave
Ontario, OR 97914

- Shelter, intervention, prevention, education, and support services for victims of domestic violence and sexual assault

Oasis House Shelter

☎ (541) 709-6792

✉ oasishousehomelessshelter@gmail.com

🌐 oasishouseshelter.org

🏠 802 SW 5th St
Ontario, OR 97914

- Emergency shelter
- Basic needs: beds, warm meals, essential resources
- Support, guidance & community



A photograph of a woman with long blonde hair and a young girl with brown hair sitting together on a bed. The woman is wearing a white lace-trimmed top and is smiling as she looks at a tablet computer held in front of them. The girl is wearing a light-colored top and is also smiling, holding a white teddy bear. The background shows a bed with a blue patterned blanket and a white and pink striped headboard. A semi-transparent teal banner is overlaid across the middle of the image, containing the text "Support Services".

Support Services

Support Services

Oregon Human Development Corporation

☎ (541) 881-1491

🌐 ohdc.org

🏠 1725 N Oregon St
Ontario, OR 97914

- Serves migrant seasonal agricultural workers
- Career counseling
- Vocational training & education
- English language training
- Adult literacy & basic education
- Job search assistance
- Childcare assistance

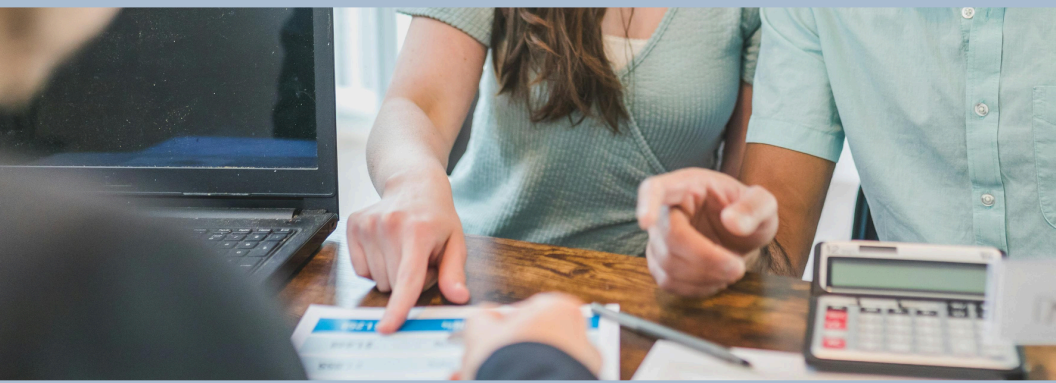
Training & Employment Consortium (Work Source)

☎ (541) 889-7864

🌐 tecteam.org

🏠 375 SW 2nd Ave
Ontario, OR 97914

- Career training
- Job placement
- GED prep & training





IDAHO

Pregnancy Resources

IDAHO

We Care Idaho

 wecareidaho.com

 Connects people with free, confidential, and life-affirming information and alternatives during pregnancy

- Pregnancy tests, ultrasounds, consultation & support
- Maternity & baby clothing
- Adoption services
- 24/7 access to medical professionals for Abortion Pill Reversal
- Education & information
- Support for moms & babies



Pregnancy Resources

Southwest Idaho

Birthright of Boise

- ☎ (208) 342-1898
- ✉ birthrightofboise@gmail.com
- 🌐 birthrightofboise.com
- 🏠 1530 W State St, Ste A
Meridian, ID 83642

Free services include:

- Pregnancy test
- Resource referrals
- Material aid
- Online classes

IDAHO

Cradle of Hope - Boise Rescue Mission Ministries

- ☎ (208) 559-1787
- ✉ info@boiserm.org
- 🌐 boiserm.org/crisis-pregnancy

Free services include:

- Safe haven for moms & babies in unplanned pregnancies
- Emergency supplies
- Reliable, safe housing
- Transportation to/from doctor appointments
- Family planning resources
- Resource referrals

Jaime's Place Pregnancy Resource Center

- ☎ (208) 271-2119
- 🌐 jpcare.org
- 🏠 109 W Pine St
Cascade, ID 83611
- 🏠 106 E Pine St #209
McCall, ID 83638

Free services include:

- Pregnancy testing
- Options counseling
- Maternity clothing
- Baby clothing & supplies
- Classes & support
- Trauma healing programs

Pregnancy Resources

Southwest Idaho

IDAHO

Lifeline Pregnancy Resource Center

☎ (208) 466-4000
(208) 944-1004 text

✉ info@lifelinepcc.org

🌐 lifelinepcc.org

🏠 4521 Thomas Jefferson St
Caldwell, ID 83605

🏠 1323 12th Ave South
Nampa, ID 83651

Free services include:

- Abortion Pill Reversal
- Pregnancy testing
- Ultrasounds
- STD testing
- After abortion support
- Healthy relationship coaching
- Classes & support
- Fatherhood mentorship

Nesting Place at Lifeline - Maternity Home

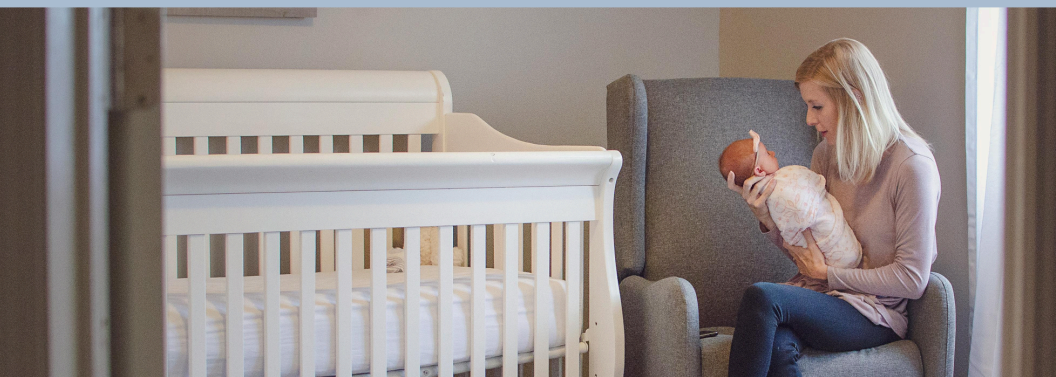
☎ (208) 466-4000
(208) 615-3112 text

✉ NPadmin@lifelinepcc.org

🌐 lfteam.org/nesting-place

Secure living environment for single pregnant women. Free services include:

- Individualized programing
- Parenting education & life-skills coaching
- Emotional, spiritual, & physical care
- Resource referrals



Pregnancy Resources

Southwest Idaho

Stanton Healthcare - Medical Clinic



(208) 629-7766
(844) 324-CARE (2273)



contact@stantonhealthcare.org



stantonhealthcare.org



2176 E Franklin Rd, Ste 130
Meridian, ID 83642

Free services include:

- Pregnancy testing
- Ultrasounds
- Abortion Pill Reversal
- Resource referrals
- After abortion care & recovery
- Medical mobile clinic in Ontario
April - October on Thursdays,
10am - 2pm

Stanton Healthcare - Wellness Center



(208) 855-5095



contact@stantonhealthcare.org



stantonhealthcare.org



3684 N Harbor Ln
Boise, ID 83703

Free services include:

- Wellness care
- Massage therapy
- Pre & post-natal education
- Childbirth education classes
- Nutrition & fitness
- Life coaching
- Resources

Treasure Valley Path Pregnancy Clinic



(208) 384-9504



info@treasurevalleypath.org



treasurevalleypath.org



6604 W Overland Rd
Boise, ID 83709



102 Quinn St
Horseshoe Bend, ID 83629

Free services include:

- Pregnancy testing
- Limited ultrasounds
- Pregnancy consultation
- Resources & education
- Abortion & pregnancy loss
recovery support
- Pregnancy & childbirth education
- Baby clothes & supplies

Pregnancy Resources

North Idaho

IDAHO

A Blessed Beginning Pregnancy Care Center

☎ (208) 267-1491

✉ blessedbeginningbf@gmail.com

🌐 blessedbeginning.org

🏠 6530-B Washington St
Bonners Ferry, ID 83805

Free services include:

- Pregnancy testing
- Limited ultrasounds
- STI/STD testing
- Childbirth & parenting classes
- Education library & resources
- Material resources

Birthright of Coeur d'Alene

☎ (208) 664-1390

✉ coeurdalene@birthright.org

🌐 birthright.org/coeurdalene

🏠 923 E Sherman Ave, Ste 16B
Coeur d'Alene, ID 83814

Free services include:

- Pregnancy test
- Resource referrals
- Material resources
- Online classes



Pregnancy Resources

North Idaho

Open Arms Real Choices Clinic

- ☎ (208) 667-5433
- ✉ info@realchoicesclinic.com
- 🌐 realchoicesclinic.com
- 🏠 8056 N Wayne Dr
Hayden, ID 83835

- Free services include:
- Pregnancy testing
 - Limited ultrasounds
 - Options counseling
 - STI/STD testing & treatment
 - Post-abortion support
 - Grief & loss counseling
 - Resource referrals
 - Material resources
 - Parenting education

Pregnancy Support Center

- ☎ (208) 449-8512
- ✉ northidahopsc@gmail.com
- 🌐 pregnancysupportcenter.org
- 🏠 2004 N Lucas
Post Falls, ID 83854

- Free services include:
- Pregnancy tests
 - Mentor support
 - Spiritual support
 - Material support
 - Resource referrals

7B Care Center

- ☎ (208) 263-7621
- ✉ admin@7bcareclinic.org
- 🌐 7bcareclinic.org
- 🏠 35 Litehouse Dr
Sandpoint, ID 83864

- Free services include:
- Pregnancy testing
 - Limited ultrasounds
 - Options counseling
 - Post-abortion support
 - Parenting & life-skills classes
 - STD testing & treatment
 - Material support
 - Support for fathers

Pregnancy Resources

North Central Idaho

Reliance Center North Central Idaho

☎ (208) 983-0093
(800) 712-4357 (24-hr Hotline)

✉ info@reliancecenter.org

🌐 reliancecenter.org

🏠 113 W North St
Grangeville, ID 83530

Free services include:

- Pregnancy testing
- Options consultation
- Post-abortion support
- Parenting classes
- Material support
- STD testing & treatment

IDAHO



Pregnancy Resources

North Central Idaho

Life Choices Clinic

- ☎ (208) 746-9704
- ✉ info@lifechoicesclinic.info
- 🌐 lifechoicesclinic.info
- 🏠 1208 Idaho St
Lewiston, ID 83501

- Free services include:
- Pregnancy testing
 - Ultrasounds
 - Options counseling
 - Parenting classes
 - Material support
 - Resource referrals
 - STI/STD testing
 - Post-abortion support

Reliance Center

- ☎ (208) 983-0093
- ✉ info@reliancecenter.org
- 🌐 reliancecenter.org
- 🏠 102 New 6th St
Lewiston, ID 83501

- Free services include:
- Pregnancy testing
 - Ultrasounds
 - Well-women exams
 - STD/STI testing & treatment
 - Options counseling
 - After abortion support
 - Parenting classes
 - Material resources

WISH Medical Women's Health

- ☎ (208) 892-9474
- 🌐 wishmedical.com
- 🏠 1515 West A St
Moscow, ID 83843

- Free services include:
- Pregnancy testing
 - Limited ultrasounds
 - Options consultations
 - STI/STD testing
 - Reproductive health exams
 - Sexual health education
 - Resource referrals

Pregnancy Resources

Southeast Idaho

IDAHO

Birthright of Idaho Falls

- ☎ (208) 524-8929
- 🌐 birthright.org/idahofalls
- 🏠 1970 E 17th St
Idaho Falls, ID 83404

Free services include:

- Pregnancy tests
- Options counseling
- Parenting classes
- Material support
- Resource referrals

Compassion Hope Pregnancy Center

- ☎ (208) 477-4673
(800) 712-4357 (24-hr Hotline)
- ✉ compassionandhopepc@gmail.com
- 🌐 pocatellopregnancycenter.com
- 🏠 845 9th St, Ste B
Pocatello, ID 83209

Free services include:

- Pregnancy tests
- Pregnancy counseling
- Resource referrals
- Parenting classes
- Material support
- Post-abortion support

Nest Pregnancy Care Center

- ☎ (208) 521-5488
- ✉ jennell@nestpregnancycenter.org
- 🌐 nestpregnancycenter.org
- 🏠 467 Constitution Way
Idaho Falls, ID 83402

Free services include:

- Pregnancy testing
- Ultrasounds
- Options counseling
- Adoption referrals
- Prenatal & parenting classes
- Fatherhood mentorship
- Post-abortion support

Pregnancy Resources

Southeast Idaho

Sage Women's Center



(208) 423-7742



reception@sagewomenscenter.org



sagewomenscenter.org



158 Blake St N
Twin Falls, ID 83301

Free services include:

- Pregnancy testing
- Ultrasounds
- STI testing & treatment

IDAHO



Adoption Support

A New Beginning Adoption Agency

☎ (208) 939-3865

✉ admin@adoptanewbeginning.org

🌐 adoptanewbeginning.org

🏠 8660 W Emerald St
Boise, ID 83704

- Adoption agency helping birth parents & adoptive families
- Counseling
- Support groups
- Peer mentoring
- Resource referrals

Adoption Life Agencies

☎ (800) 236-7811 call
(208) 534-6559 text

✉ info@adoptionlife.org

🌐 adoptionlife.org

🏠 242 E 7th N 4th
Rexburg, ID 83440

- Free options counseling & personalized adoption planning
- Emotional support, case management, & post-adoption care
- Financial assistance coordination & pregnancy related resources

Idaho Youth Ranch Adoptions

☎ (208) 667-1898 daytime
(208) 818-6124 after hours

🌐 youthranch.org/adoption

🏠 5465 W Irving St
Boise, ID 83706

- Individualized adoption support for birth mothers & adoptive families
- Home studies & placement support
- Confidential counseling & education
- Support for multiple adoption types (infant, independent, stepchild, & relative adoption)

Other Support

Cardinal Academy

- 📞 (208) 495-6866
- ✉️ hcollett@cardinalacademycharter.org
- 🌐 cardinalacademycharter.org
- 🏠 9492 W Emerald St
Boise, ID 83704

- Free public charter school open to pregnant and parenting students ages 14-21
- On-site childcare
- Free breakfast & lunch
- Food pantry & incentive store
- Prenatal & parenting classes
- Counseling & personalized support

Idaho Diaper Bank

- 📞 (208) 996-3575
- ✉️ info@idahodiaperbank.org
- 🌐 idahodiaperbank.org
- 🏠 599 E King St, Ste 150
Meridian, ID 83642

- Distributes diapers to partner agencies throughout the Treasure Valley
- See website for distribution locations

Safe Haven Baby Boxes

- 🏠 Bonner County EMS
521 S Division Ave
Sandpoint, ID 83864
- 🏠 Grove Creek Medical Center
350 N Meridian St
Blackfoot, ID 83221
- 🏠 Weiser Memorial Hospital
645 E 5th St
Weiser, ID 83672

- 866-992-2291 (24/7 hotline)
- Secure, anonymous surrender of newborn infant
- 24/7 access with climate-controlled box & automatic alert to on-site staff & first responders
- No questions asked; no legal consequences when used within the legal age limit




NATIONAL

Pregnancy Resources

Abortion Pill Reversal

 (877) 558-0333

 help@apr.life - immediate help
info@apr.life - non-emergency


 abortionpillreversal.com

 Free, confidential help, information about the abortion pill reversal process, the abortion pill itself, & information on all your pregnancy options. Quickly connects you to the local assistance you need.

For Every Woman

 info@foreverywoman.org


 foreverywoman.org

 Connecting you with high-quality, no-cost medical care & resources for pregnancy & beyond.

Her PLAN

 info@herplan.org


 herplan.org

 Online directory of comprehensive life-affirming resources.


Pregnancy Resources

Leap For Joy

 leapforjoyinc.com


 Provides mentorship for expectant mothers. With a mentor, women will always have someone to talk to and receive encouragement, advice, and resource referrals.

Let Them Live


 (260) 200-3789

 info@letthemlive.org


 letthemlive.org

 Empowering women in unsupported pregnancies by providing financial support, counseling, and coaching to help mothers choose life and keep their babies.

LoveLine - Reclaiming Motherhood


 (888) 550-1588 call or text


 loveline.com


 Providing individualized support and comprehensive case management for pregnant and parenting women and families with multiple complex needs.

Pregnancy Resources


Option Line

 (800) 712-4357 - call or text


 optionline.org

 Call the hotline or use the online chat to explore your pregnancy options.


Pregnancy Decision Line


 (866) 406-9327


 pregnancydecisionline.org

 Pregnancy and abortion helpline providing caring, confidential support to talk you through your options and provide reliable information.

Real-Choices


 (800) 712-4357 call or text


 real-choices.com


 Connecting women and families with pregnancy resource centers and a church support network with loving mentors.


Pregnancy Resources

Standing With You


 (540) 834-4600

 pregnancyresources@standingwithyou.org


 standingwithyou.org

 Support & resource connections for pregnant and parenting women.


StandUpGirl.com


 (503) 554-5683

 standupgirl.com

 Pregnancy resource directory and support.


Worldwide Directory of Pregnancy Help

 heartbeatinternational.org/worldwide-directory

 Directory of worldwide pregnancy resources.


Adoption Support

A New Beginning Adoption Agency


 (208) 939-3865

 admin@adoptanewbeginning.org


 adoptanewbeginning.org

 Adoption agency based in Idaho that facilitates adoptions throughout the United States.


BraveLove


 info@bravelove.org


 bravelove.org


 Connects expectant mothers with organizations that offer counseling, adoption planning, and emotional support.

Choice Adoptions

 (503) 232-1211


 mail@choiceadoptions.org


 choiceadoptions.org

 Adoptions services and free pregnancy support. Supports birth moms in Oregon and Washington and will make placements nationally.


Adoption Support


Christian Adoptions Alliance


 christianadoptions.org


 Connects expectant mothers with licensed adoption agencies and provides education, counseling, and support throughout the adoption process.

Lifetime Adoption


 (800) 923-6784

 adopt@lifetimeadoption.com

 lifetimeadoption.com


 Nationwide adoption center specializing in helping birth mothers and adoptive families navigate the adoption process.

National Adoption Hotline

 (800) 923-6602


 ncfa@adoptioncouncil.org


 adoptioncouncil.org


 Connects individuals and families to adoption professionals, such as agencies and attorneys.


Adoption Support

National Council for Adoption (NCFA)


 (703) 299-6633

 ncfa@adoptioncouncil.org


 adoptioncouncil.org


 Connects individuals and families to adoption professionals, such as agencies and attorneys.

Nightlight Christian Adoption


 (502) 423-5780

 info@nightlight.org


 nightlight.org


 Christian adoption agency.

Unplanned Good

 (208) 501-6510

 marcroft.theresa@gmail.com

 unplannedgood.org

 Adoption education resources.


Support For Special Cases



NATIONAL

Be Not Afraid

 benotafraid.net

 Supporting parents carrying to term following a prenatal diagnosis.

Support For Special Cases

Carrying to Term

✉ info@carryingtotermin.org

🌐 carryingtotermin.org

i Providing non-directive information on pregnancy continuation for prenatal diagnoses of life-limiting conditions.

Hand to Hold

📞 (855) 424-6428

✉ mediainquiry@handtohold.org

🌐 handtohold.org

i Provides free early intervention mental health support before, during, and after a NICU stay.

Isaiah's Promise


✉ info@isaiahspromise.net


🌐 isaiahspromise.net

i Support for families who receive a severe or fatal prenatal diagnosis.


Support For Special Cases


Mama Bear Care


 mamabearcare.org

 A community providing hope, encouragement, education, and practical support for families who receive a life-limiting prenatal diagnosis for their babies.

National Down Syndrome Society


 (800) 221-4602


 info@ndss.org


 ndss.org

 Empowering individuals with Down syndrome and their families.

Prenatal Diagnosis


 (888) 517-5588 - call or text (24/7)

 prenataldiagnosis.org


 Support and connections for parents who have received a prenatal diagnosis for their child.


Support For Special Cases

Prenatal Partners for Life


 (763) 772-3868


 mary@prenatalpartnersforlife.org


 prenatalpartnersforlife.org


 Support for expectant or new parents by connecting parents facing an adverse diagnosis with other parents who have the same diagnosis.

Project Sweet Peas


 (724) 268-0465


 info@projectsweetpeas.com


 projectsweetpeas.com

 Support for families of premature or sick infants and those who have been affected by pregnancy and infant loss.

SOFT

 soft@trisomy.org

 trisomy.org

 Empowering families with children diagnosed with Trisomy 18, 13, and related chromosomal disorders.

Pregnancy Loss Support

I Am Seen

✉ support@iamseen.org

🌐 iamseen.org

📍 Provides care boxes for women who have experienced pregnancy loss.

GriefShare

📞 (800) 395-5755

✉ info@griefshare.org

🌐 griefshare.org

📍 A 13-week online grief and loss support group. In-person groups may also be available in your area.

M.E.N.D.

📞 (972) 506-9000


✉ rebekah@mend.org

🌐 mend.org/beginning

📍 Support and resources for families who have experienced loss through miscarriage, stillbirth, or infant death.


Pregnancy Loss Support

Miscarriage Hurts


 (619) 504-9414

 contact@reproductivegrief.org


 miscarriagehurts.com/en


 Support and resources for healing from experiences with miscarriage.

Now I Lay Me Down to Sleep


 (720) 283-3339


 headquarters@nilmdts.org


 nowilaymedowntosleep.org


 Remembrance photography for parents experiencing the loss of a baby with a free gift of professional portraiture.

Share Pregnancy & Infant Loss

 (800) 821-6819

 info@nationalshare.org

 nationalshare.org

 Support for families or caregivers grieving pregnancy loss, stillbirth, or infant death.

Other Support

Abortion Survivors Network

☎ (816) 737-8685

🌐 abortionsurvivors.org




📍 Support for abortion survivors.

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Other Support




And Then There Were None

-  (888) 570-5501 - call or text
-  abortionworker.com
-  Support for those quitting jobs in the abortion industry.

Maternity Housing Coalition


-  (800) 712-4357
-  housing@heartbeatinternational.org
-  maternityhousing.com
-  24/7 hotline and national directory of housing initiatives for pregnant women.


Maternal Wellness Program


-  maternalwellnessprogram@gmail.com
-  maternalwellnessprogram.org
-  Virtual support groups for mothers navigating perinatal mood & anxiety disorders, pregnancy & infant loss, and pregnancy after loss.


Other Support

National Safe Haven Alliance


 (888) 510-2229

 contact@nationalsafehavenalliance.org


 nationalsafehavenalliance.org


 Provides confidential, 24/7 support and access to Safe Haven Baby Box locations for the anonymous, legal surrender of a newborn, with immediate medical response.

Safe Families


 (773) 653-2200


 info@safefamilies.net


 safe-families.org


 A network of caring and compassionate volunteers supporting families facing social isolation.

Safe House Project

 (507) 769-0819

 info@safehouseproject.org

 safehouseproject.org

 Working to eradicate sex trafficking. Provides safe houses, emergency services, and education.

Other Support

The Justice Foundation

☎ (210) 614-7157

✉ info@txjf.org

🌐 thejusticefoundation.org/cafa

i Educational resources to empower women who are being forced, unduly pressured, or coerced into an unwanted abortion.

NATIONAL



Abortion Healing



NATIONAL

Abortion Recovery & Care

☎ (703) 770-8000

✉ info@abortionhealing.org

🌐 abortionhealing.org

📘 Resources and programs that connect, equip, and support those seeking healing for themselves and/or providing for others.

Healing Hearts Ministries


☎ (505) 355-6922


🌐 healinghearts.org

📘 Studies for those healing from past experiences with abortion and other experiences.


Abortion Healing

Helpline for Abortion Recovery


 (866) 482-5433

 24/7 helpline staffed by trained consultants who provide a confidential, safe place to share your story.


3H Helpline


 (866) 721-7881

 h3helpline.org


 24/7 after abortion helpline offering support, help, hope, and healing for the pain of abortion.

Rachel's Vineyard

 (610) 354-0555


 2assistant@rachelsvineyard.org


 rachelsvineyard.org

 Weekend retreats with a supportive, confidential, and non-judgmental environment where women and men can begin the post-abortive healing process.


Abortion Healing

SaveOne


 (615) 636-2654


 info@saveone.org

 saveone.org

 Helping men, women, and families recover after abortion.


She Found His Grace Abortion Recovery


 (574) 400-5272 call or text

 shefoundhisgrace.org


 Christ-centered abortion recovery ministry helping women and men around the world find freedom, forgiveness, and purpose after abortion.

Silent No More

 (412) 749-0455


 mail@silentnomore.com


 silentnomoreawareness.org


 Abortion healing and awareness.


Abortion Healing

Support After Abortion


 (844) 289-HOPE


 help@supportafterabortion.com


 supportafterabortion.com

 Real-time, compassionate, and genuine care for women and men seeking healing for dealing with grief or regret from abortion. Secular and religious programs are available.


Surrendering The Secret


 stsinternational15@gmail.com


 surrenderingthesecret.com

 A ministry to help women and men heal from the hurt of abortion.

Your Abortion Experience

 contact@yourabortionexperience.org

 yourabortionexperience.org

 A safe place to reflect, find support, and begin healing at your own pace.



OREGON
**RIGHT
TO LIFE**

EDUCATION FOUNDATION

Contact Us



(503) 463-8563



community@ortl.org



www.ortl.org



4335 River Rd. N.
Keizer, OR 97303

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