

## PREGNANCY RESOURCES - PORTLAND METRO AREA

Courtesy of Oregon Right to Life

### Abortion Pill Reversal Information 1-877-558-0333

#### Ava Health (Beaverton)

Address: 4975 SW Watson Ave, Beaverton, OR 97005

Phone: (971) 358-3797

Website: [avahealthpdx.org](http://avahealthpdx.org)

Resources:

- |  |  |   |
|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input type="checkbox"/> Support for Men                  |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input type="checkbox"/> Grief/Loss Support               |

#### Ava Health (Gresham)

Address: 104 NW 11th St., Gresham, OR 97030

Phone: (971) 358-3797

Website: [avahealthpdx.org](http://avahealthpdx.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input type="checkbox"/> Support for Men                  |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input type="checkbox"/> Grief/Loss Support               |

#### Ava Health (Portland)

Address: 5117 SE Powell Blvd. #3, Portland, OR 97206

Phone: (971) 358-3797

Website: [avahealthpdx.org](http://avahealthpdx.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input type="checkbox"/> Support for Men                  |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input type="checkbox"/> Grief/Loss Support               |

### **Birthright of Hillsboro**

Address: 232 NE Lincoln St, Suite F, Hillsboro, OR 97124

Phone: (503) 648-6766

Email: [birthrightoregon@gmail.com](mailto:birthrightoregon@gmail.com)

Website: [birthrightoregon.org](http://birthrightoregon.org)

Resources:

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|--|--|--|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input type="checkbox"/> Post-Abortion Support |
| <input type="checkbox"/> Ultrasound                    | <input checked="" type="checkbox"/> Parent Education   | <input type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input type="checkbox"/> Grief/Loss Support    |

### **Obria Medical Clinics (Oregon City)**

Address: 333 Warner Milne Road, Unit. C, Oregon City, OR 97045

Phone: (503) 908-1861

Email: [info@obriagroup.com](mailto:info@obriagroup.com)

Website: [obria.org/oregon/clinic/oregon-city-or](http://obria.org/oregon/clinic/oregon-city-or)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input checked="" type="checkbox"/> Grief/Loss Support    |

### **Pregnancy Care Centers**

Address: 158 SW 2nd Ave, Canby, OR 97013

Phone: (503) 266-2673

Email: [info@pccnwv.org](mailto:info@pccnwv.org)

Website: [pccnwv.org](http://pccnwv.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education   | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input type="checkbox"/> Grief/Loss Support               |

**Pregnancy Resource Centers (Estacada)**

Address: 107 NW 5th Ave, Estacada, OR 97023

Phone: (503) 630-4002

Email: [prcofestacada@hotmail.com](mailto:prcofestacada@hotmail.com)

Website: [prcofsandy.org](http://prcofsandy.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education   | <input type="checkbox"/> Support for Men                  |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input type="checkbox"/> Grief/Loss Support               |

**Pregnancy Resource Centers (Sandy)**

Address: 17270 SE Bluff Rd, Sandy, OR 97055

Phone: (503) 668-8101

Email: [cherylh@prcofsandy.org](mailto:cherylh@prcofsandy.org)

Website: [prcofsandy.org](http://prcofsandy.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education   | <input type="checkbox"/> Support for Men                  |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input type="checkbox"/> Grief/Loss Support               |

**Vine Medical Pregnancy Care Clinic**

Address: 1218 3rd St, Lafayette, OR 97127

Phone: (503) 714-4148

Email: [info@vinemedical.org](mailto:info@vinemedical.org)

Website: [vinemedical.org](http://vinemedical.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input checked="" type="checkbox"/> Grief/Loss Support    |

## MATERNITY HOMES - PORTLAND METRO AREA

### **Hope's Garden Maternity Home**

Address: PO Box 13094, Portland, OR 97213

Phone: (971) 282-7911

Email: [jennifer@growinghopesgarden.org](mailto:jennifer@growinghopesgarden.org)

Website: [growinghopesgarden.org](http://growinghopesgarden.org)

### **Road 2 Hope Maternity Home**

Address: 2850 SW Cedar Hills Blvd, Unit 55, Beaverton, OR 97005

Phone: (503) 648-4227

Email: [office@road2hopepdx.org](mailto:office@road2hopepdx.org)

Website: [road2hopepdx.org](http://road2hopepdx.org)

### **Saving Grace Maternity Home**

Address: 6789 SE Lois Street, Hillsboro, OR - 97123

Phone: (971) 415-7763

Email: [jennifer@savinggracematernityhome.org](mailto:jennifer@savinggracematernityhome.org)

Website: [savinggracematernityhome.org](http://savinggracematernityhome.org)

## OTHER RESOURCES - PORTLAND METRO AREA

### **Abuse Recovery Ministry & Services**

Address: PO Box 663, Hillsboro, OR 97123

Phone: (503) 846-9284

Email: [info@abuserecovery.org](mailto:info@abuserecovery.org)

Website: [abuserecovery.org](http://abuserecovery.org)

### **Dougy Center - Suicide Support**

Address: PO Box 86852 Portland, OR 97286

Phone: (503) 775-5683

Email: [help@dougy.org](mailto:help@dougy.org)

Website: [dougy.org](http://dougy.org)

## PREGNANCY RESOURCES - WILLAMETTE VALLEY

Courtesy of Oregon Right to Life

### Abortion Pill Reversal Information 1-877-558-0333

#### 1st Way Pregnancy Resource Center

Address: 1162 B Street, Suite #213, Springfield, OR 97477

Phone: (541) 687-8651

After-hours: 1-800-848-LOVE

Email: [firstwayeugene@gmail.com](mailto:firstwayeugene@gmail.com)

Website: [1st-way.org](http://1st-way.org)

Resources:

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|--|--|--|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input type="checkbox"/> Parent Education              | <input type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input type="checkbox"/> Grief/Loss Support    |

#### Birthright of Salem

Address: 1880 Lancaster Dr NE, #124 Salem, OR 97305

Phone: (503) 585-2273

After-hours: (800) 550-4900

Email: [birthright@birthrightofsalem.comcastbiz.net](mailto:birthright@birthrightofsalem.comcastbiz.net)

Website: [birthright.org/salem](http://birthright.org/salem)

Resources:

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|--|--|--|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies | <input type="checkbox"/> Post-Abortion Support |
| <input type="checkbox"/> Ultrasound                    | <input type="checkbox"/> Parent Education    | <input type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals  | <input type="checkbox"/> Grief/Loss Support    |

#### Dove Medical

Address: 487 E 11th Ave, Eugene, OR 97401

Phone: (541) 345-3683

Email: [info@dovemedical.org](mailto:info@dovemedical.org)

Website: [dovemedical.org](http://dovemedical.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test | <input checked="" type="checkbox"/> Supplies         | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound     | <input checked="" type="checkbox"/> Parent Education | <input type="checkbox"/> Support for Men                  |

☒ Options Counseling

☐ Adoption Referrals

☒ Grief/Loss Support

### **Hope Pregnancy Clinic**

Address: 2630 Market St. NE Salem, OR 97301

Phone: (503) 364-2464

Website: [hopepregnancyclinic.org](http://hopepregnancyclinic.org)

Resources:

☒ Pregnancy Test

☒ Supplies

☐ Post-Abortion Support

☒ Ultrasound

☒ Parent Education

☐ Support for Men

☒ Options Counseling

☐ Adoption Referrals

☐ Grief/Loss Support

### **Options Pregnancy Resource Centers (Albany)**

Address: 1800 16th Ave SE Albany, Oregon 97322

Phone: (541) 924-0160

Website: [optionsprc.org](http://optionsprc.org)

Resources:

☒ Pregnancy Test

☒ Supplies

☐ Post-Abortion Support

☒ Ultrasound

☒ Parent Education

☐ Support for Men

☒ Options Counseling

☐ Adoption Referrals

☐ Grief/Loss Support

### **Options Pregnancy Resource Centers (Benton & Polk County Mobile Clinic)**

Phone: (541) 924-0160

Text: (541)-231-0912

Website: [www.optionsprc.org](http://www.optionsprc.org)

Resources:

☒ Pregnancy Test

☒ Supplies

☐ Post-Abortion Support

☒ Ultrasound

☒ Parent Education

☐ Support for Men

☒ Options Counseling

☐ Adoption Referrals

☐ Grief/Loss Support

### Obria Medical Clinic (Lebanon)

Address: 136 W. Vine Street, Lebanon, OR 97355

Phone: (541) 258-3530

Email: [reception@pregnancyalternatives.org](mailto:reception@pregnancyalternatives.org)

Website: [pregnancyalternatives.org](http://pregnancyalternatives.org)

Resources:

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|--|--|--|
| <input checked="" type="checkbox"/> Pregnancy Test | <input type="checkbox"/> Supplies                    | <input type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound     | <input checked="" type="checkbox"/> Parent Education | <input type="checkbox"/> Support for Men       |
| <input type="checkbox"/> Options Counseling        | <input type="checkbox"/> Adoption Referrals          | <input type="checkbox"/> Grief/Loss Support    |

### St. Germaine Pregnancy Center

Address: 3855 Wolverine St. NE Suite A2, Salem, Oregon 97305

Phone: (503) 363-2525

Email: [info@stgermaines.org](mailto:info@stgermaines.org)

Website: [stgermaines.org](http://stgermaines.org)

Resources:

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|--|--|--|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input type="checkbox"/> Grief/Loss Support    |

### Sweet Home Pregnancy Care Center

Office Address: 1344 Main St, Sweet Home, OR 97386

Mailing Address: PO Box 5, Sweet Home, OR 97386

Phone: (541) 367-2447

Website: [shpregnancy.org](http://shpregnancy.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input type="checkbox"/> Ultrasound                    | <input checked="" type="checkbox"/> Parent Education | <input type="checkbox"/> Support for Men                  |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input type="checkbox"/> Grief/Loss Support               |

## PREGNANCY RESOURCES - CENTRAL OREGON

Courtesy of Oregon Right to Life

### Abortion Pill Reversal Information 1-877-558-0333

#### Grandma's House of Central Oregon (Maternity Home)

Mailing Address: 62895 Hamby Rd, Bend, OR 97701

Phone: (541) 383-3515

Email: [grandma@grandmashouseofco.org](mailto:grandma@grandmashouseofco.org)

Website: [grandmashouseofco.org](http://grandmashouseofco.org)

Resources:

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|--|--|--|
| <input type="checkbox"/> Pregnancy Test                | <input type="checkbox"/> Supplies                    | <input type="checkbox"/> Post-Abortion Support         |
| <input type="checkbox"/> Ultrasound                    | <input checked="" type="checkbox"/> Parent Education | <input type="checkbox"/> Support for Men               |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input checked="" type="checkbox"/> Grief/Loss Support |

#### Hope Medical Clinic (Hood River)

Address: 1942 12th St, Ste 100, Hood River, OR 97031

Phone: (541) 386-1050

Email: [info@gorgehope.org](mailto:info@gorgehope.org)

Website: [hopemedicalclinic.org](http://hopemedicalclinic.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input checked="" type="checkbox"/> Grief/Loss Support    |

#### Hope Medical Clinic (The Dalles)

Address: 3206 W 6th St, Ste 200, The Dalles, OR 97058

Phone: (541) 296-0650

Email: [info@gorgehope.org](mailto:info@gorgehope.org)

Website: [hopemedicalclinic.org](http://hopemedicalclinic.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input checked="" type="checkbox"/> Grief/Loss Support    |



### **Pregnancy Resource Centers of Central Oregon (Bend)**

Address: 369 NE Revere Ave, Ste 102, Bend, OR 97701

Phone: (541) 385-5334

Email: [bend@prcco.org](mailto:bend@prcco.org)

Website: [prcco.org](http://prcco.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education   | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input checked="" type="checkbox"/> Grief/Loss Support    |

### **Pregnancy Resource Center of Central Oregon (Madras)**

Address: 585 SE 5th Street, Madras, OR 97441

Phone: (541) 475-5338

Website: [prcco.org](http://prcco.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education   | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input checked="" type="checkbox"/> Grief/Loss Support    |

### **Pregnancy Resource Centers of Central Oregon (Prineville)**

Address: 346 NW Deer St Prineville, OR 97754

Phone: (541) 447-2420

Email: [prineville@prcco.org](mailto:prineville@prcco.org)

Website: [prcco.org](http://prcco.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education   | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input checked="" type="checkbox"/> Grief/Loss Support    |

## **Pregnancy Resource Centers of Central Oregon (Redmond)**

Address: 631 W Antler Ave, Ste 210, Redmond, OR 97756

Phone: (541) 504-8919

Email: [redmond@prcco.org](mailto:redmond@prcco.org)

Website: [prcco.org](http://prcco.org)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education   | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input checked="" type="checkbox"/> Grief/Loss Support    |

## PREGNANCY RESOURCES - SOUTHERN OREGON

Courtesy of Oregon Right to Life

### Abortion Pill Reversal Information 1-877-558-0333

#### Hope Clinic for Women

Address: 1425 W Harvard Ave, Roseburg, OR 97471

Phone: (541) 672-2609

Website: [hopeclinicroseburg.com](http://hopeclinicroseburg.com)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input checked="" type="checkbox"/> Grief/Loss Support    |

#### Pregnancy Care Center of Grants Pass

Address: 714 SE 8th St, Grants Pass, OR 97526

Phone: (541) 479-6264

Email: [help@gppregnancy.com](mailto:help@gppregnancy.com)

Website: [gppregnancy.com](http://gppregnancy.com)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound     | <input checked="" type="checkbox"/> Parent Education   | <input checked="" type="checkbox"/> Support for Men       |
| <input type="checkbox"/> Options Counseling        | <input checked="" type="checkbox"/> Adoption Referrals | <input type="checkbox"/> Grief/Loss Support               |

#### Pregnancy Care Center of Cave Junction

Address: 331 E Cottage Park Dr, Suite 4, Cave Junction, OR 97523

Phone: (541) 479-6264

Email: [help@gppregnancy.com](mailto:help@gppregnancy.com)

Website: [gppregnancy.com](http://gppregnancy.com)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound     | <input checked="" type="checkbox"/> Parent Education   | <input checked="" type="checkbox"/> Support for Men       |
| <input type="checkbox"/> Options Counseling        | <input checked="" type="checkbox"/> Adoption Referrals | <input type="checkbox"/> Grief/Loss Support               |

### **Pregnancy Hope Center**

Address: 2421 Washburn Way, Suite A, Klamath Falls, OR 97603

Phone: (541) 859-3596

Website: [pregnancyhopecenter.com](http://pregnancyhopecenter.com)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education   | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input type="checkbox"/> Grief/Loss Support               |

### **The Pregnancy Center**

Address: 2019 Aero Way, Suite 103, Medford, OR 97504

Phone: (503) 772-1921

Website: [thepregnancycenter.us](http://thepregnancycenter.us)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education   | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input checked="" type="checkbox"/> Grief/Loss Support    |

## **MATERNITY HOMES - SOUTHERN OREGON**

### **Magdalene Home**

Address: PO Box 255, Medford, OR 97501

Phone: (541) 773-5040

Email: [info@MagdaleneHome.org](mailto:info@MagdaleneHome.org)

Website: [magdalenehome.org](http://magdalenehome.org)

### **Safe Haven Maternity Home**

Office Address: 445 NE Chestnut Ave, Roseburg, OR 97470

Mailing Address: PO Box 1822, Roseburg, OR 97470

Phone: (541) 464-2740

Email: [safehavenmaternity@gmail.com](mailto:safehavenmaternity@gmail.com)

Website: [safehavenmaternity.org](http://safehavenmaternity.org)

## PREGNANCY RESOURCES - EASTERN OREGON

Courtesy of Oregon Right to Life

**Abortion Pill Reversal Information 1-877-558-0333**

### Birthright of Morrow County (Heppner)

Phone: (541) 676-0530

Website: [www.birthright.org/morrowcounty](http://www.birthright.org/morrowcounty)

Resources:

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|--|--|--|
| <input checked="" type="checkbox"/> Pregnancy Test | <input checked="" type="checkbox"/> Supplies | <input type="checkbox"/> Post-Abortion Support |
| <input type="checkbox"/> Ultrasound                | <input type="checkbox"/> Parent Education    | <input type="checkbox"/> Support for Men       |
| <input type="checkbox"/> Options Counseling        | <input type="checkbox"/> Adoption Referrals  | <input type="checkbox"/> Grief/Loss Support    |

### Compassionate Care of Wallowa County (Enterprise)

Phone: (541) 263-0505

Email: [christcovenantwallowa@gmail.com](mailto:christcovenantwallowa@gmail.com)

Resources:

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|--|---|--|
| <input type="checkbox"/> Pregnancy Test                | <input type="checkbox"/> Supplies           | <input type="checkbox"/> Post-Abortion Support |
| <input type="checkbox"/> Ultrasound                    | <input type="checkbox"/> Parent Education   | <input type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals | <input type="checkbox"/> Grief/Loss Support    |

### Hope Pregnancy Center (Ontario)

Address: 17 SW 6th St, Ontario

Phone: (541) 889-4272

Email: [office@hpcontario.com](mailto:office@hpcontario.com)

Website: [mightbepregnant.com](http://mightbepregnant.com)

Resources:

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|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input type="checkbox"/> Grief/Loss Support               |

### Hope with Options Pregnancy Care Center (Pendleton)

Address: 135 SE 1st St

Phone: (541)541-276-5757

Email: [info@hopewithoptions.com](mailto:info@hopewithoptions.com)

Website: [hopewithoptions.com](http://hopewithoptions.com)

Resources:

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|--|--|--|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input type="checkbox"/> Grief/Loss Support    |

### Next Step Pregnancy and Relationship Center (La Grande)

Address: 902 D Avenue La Grande, OR, 9785

Phone: (541) 963-6918

Email: [nextstepPIC@outlook.com](mailto:nextstepPIC@outlook.com)

Website: [nextstepprc.org](http://nextstepprc.org)

Resources:

- |  |  |   |
|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input type="checkbox"/> Ultrasound                    | <input checked="" type="checkbox"/> Parent Education   | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input checked="" type="checkbox"/> Grief/Loss Support    |

### Rachel Pregnancy Center (Baker City)

Address: 2192 Court St., Baker City

Phone: (541) 523-5357

Email: [info@bakerpregnancyhelp.org](mailto:info@bakerpregnancyhelp.org)

Website: [bakerpregnancyhelp.org](http://bakerpregnancyhelp.org)

Resources:

- |  |  |   |
|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies         | <input type="checkbox"/> Post-Abortion Support      |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education | <input checked="" type="checkbox"/> Support for Men |
| <input checked="" type="checkbox"/> Options Counseling | <input type="checkbox"/> Adoption Referrals          | <input type="checkbox"/> Grief/Loss Support         |

## **Trucare Pregnancy Clinic (Hermiston)**

Address: 1155 W. Linda Ave, Hermiston

Phone: (541) 567-2393

Website: [trucarepc.com](http://trucarepc.com)

Resources:

- |  |  |   |
|--|--|---|
| <input checked="" type="checkbox"/> Pregnancy Test     | <input checked="" type="checkbox"/> Supplies           | <input checked="" type="checkbox"/> Post-Abortion Support |
| <input checked="" type="checkbox"/> Ultrasound         | <input checked="" type="checkbox"/> Parent Education   | <input checked="" type="checkbox"/> Support for Men       |
| <input checked="" type="checkbox"/> Options Counseling | <input checked="" type="checkbox"/> Adoption Referrals | <input checked="" type="checkbox"/> Grief/Loss Support    |

## **PREGNANCY RESOURCES - NATIONAL**

Courtesy of Oregon Right to Life

### **National Pregnancy Resource**

#### **Abortion Pill Reversal**

Phone: 877-558-0333 (24/7 line)

Email: [help@apr.life](mailto:help@apr.life) - immediate help

[info@apr.life](mailto:info@apr.life) - non-emergency contact

Website: [abortionpillreversal.com](http://abortionpillreversal.com)

Description: Free, confidential help, information about the abortion pill reversal process, the abortion pill itself, and information on all your pregnancy options. Quickly connects you to the local assistance you need.

#### **Birthright International**

Address: 777 Coxwell Ave Toronto, Ontario Canada M4C 3C6

Phone: 416-469-4789

Email: [contact@birthright.org](mailto:contact@birthright.org)

Website: [birthright.org](http://birthright.org)

Description: Pregnancy support service, focused on non judgemental, confidential, free support. 24/7 online chat.

#### **Embrace Grace**

Phone: 817-755-8484

Email: [info@embracegrace.com](mailto:info@embracegrace.com)

Website: [www.embracegrace.com](http://www.embracegrace.com)

Description: Provides support and community through local churches for single and pregnant young women and their families.

#### **For Every Woman**

Email: [info@foreverywoman.org](mailto:info@foreverywoman.org)

Website: [foreverywoman.org](http://foreverywoman.org)

Description: Connecting you with high-quality, no-cost medical care and resources for pregnancy and beyond.

#### **Her PLAN**

Email: [info@herplan.org](mailto:info@herplan.org)

Website: [herplan.org](http://herplan.org)

Description: Facilitates collaboration between assistance providers and their communities to empower women and families through comprehensive medical, social, and material support.



**Leap For Joy**

Website: [leapforjoyinc.com](http://leapforjoyinc.com)

Description: Provides mentorships for expectant mothers who choose life.

**Let Them Live**

Phone: 260-200-3789

Website: [letthemlive.org](http://letthemlive.org)

Description: Empowering women in crisis pregnancies by providing financial support, counseling, and coaching to help mothers choose life and keep their babies.

**Love Line**

Phone: 888-550-1588 (call or text)

Website: [loveline.com](http://loveline.com)

Description: Providing individualized support and comprehensive case management for pregnant and parenting women and families with multiple complex needs.

**Option Line**

Phone: 800-712-4357 (call or text)

Website: [optionline.org](http://optionline.org)

Description: Call the hotline or use the online chat to explore your pregnancy options.

**Pregnancy Decision Line**

Phone: 866-406-9327

Website: [pregnancydecisionline.org](http://pregnancydecisionline.org)

Description: Pregnancy and abortion helpline providing caring, confidential support to talk you through your options and provide reliable information.

**Real-Choices**

Phone: 800-712-4357 call or text

Website: [real-choices.org](http://real-choices.org)

Description: Connecting women and families with pregnancy resource centers and a church support network with loving mentors.

**Standing With You**

Phone: 540-834-4600

Email: [pregnancyresources@standingwithyou.org](mailto:pregnancyresources@standingwithyou.org)

Website: [standingwithyou.org](http://standingwithyou.org)

Description: Support and resource connections for pregnant and parenting women.

**Stand-Up Girl**

Phone: 503-554-5683

Website: [standupgirl.com](http://standupgirl.com)

Description: Pregnancy resource directory and support.

## **Worldwide Directory of Pregnancy Help**

Website: [heartbeatinternational.org/worldwide-directory](http://heartbeatinternational.org/worldwide-directory)

Description: Directory of worldwide pregnancy resources.

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## **National Abortion Healing Resource**

### **Abortion Recovery & Care (ARC)**

Phone: 703-770-8000

Website: [abortionhealing.org](http://abortionhealing.org)

Description: Resources and programs that connect, equip, and support those seeking healing for themselves and/or providing for others.

### **Healing Hearts Ministry**

Address: P. O. Box 44670 Rio Rancho, NM 87174

Phone: (505) 355-6922

Website: [healinghearts.org](http://healinghearts.org)

Description: Studies for those healing from past experiences with abortion and other experiences.

### **Helpline for Abortion Recovery**

Phone: 866-482-5433

Description: 24/7 helpline staffed by trained consultants who provide a confidential, safe place to share your story.

### **H3 Helpline - Help, Hope, Healing**

Phone: 866-721-7881

Website: [h3helpline.org](http://h3helpline.org)

Description: After abortion helpline offering support, help, hope, and healing for the pain of abortion.

### **Rachel's Vineyard**

Address: 808 N. Henderson Road 2nd Floor King of Prussia, PA 19406

Phone: 610-354-0555

Email: [2assistant@rachelsvineyard.org](mailto:2assistant@rachelsvineyard.org)

Website: [rachelsvineyard.org](http://rachelsvineyard.org)

Description: Weekend retreats with a supportive, confidential and non-judgmental environment where women and men can begin the post-abortive healing process.

### **SaveOne**

Address: 114 Canfield Place, Suite B-6 Hendersonville, TN 37075

Phone: 615-636-2654

Email: [info@saveone.org](mailto:info@saveone.org)

Website: [saveone.org](http://saveone.org)

Description: Helping men, women, and families recover after abortion.

### **Silent No More**

Phone: 412-749-0455, 888-735-3448

Email: [Mail@SilentNoMore.com](mailto:Mail@SilentNoMore.com)

Website: [silentnomoreawareness.org](http://silentnomoreawareness.org)

Description: Abortion healing and awareness.

### **Support After Abortion**

Email: [help@supportafterabortion.com](mailto:help@supportafterabortion.com)

Website: [supportafterabortion.com](http://supportafterabortion.com)

Description: Real-time, compassionate, and genuine care for women and men seeking healing for dealing with grief or regret from abortion.

### **Surrendering The Secret**

Email: [stsinternational15@gmail.com](mailto:stsinternational15@gmail.com)

Website: [surrenderingthesecret.com](http://surrenderingthesecret.com)

Description: A ministry to help women and men heal from the hurt of abortion.

### **Your Abortion Experience**

Email: [contact@YourAbortionExperience.org](mailto:contact@YourAbortionExperience.org)

Website: [yourabortionexperience.org](http://yourabortionexperience.org)

Description: A safe place to reflect, find support, and begin healing at your own pace.

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### **Support for Special Cases**

#### **Be Not Afraid**

Website: [benotafraid.net](http://benotafraid.net)

Description: Supporting parents carrying to term following a prenatal diagnosis.

#### **Carrying to Term**

Email: [info@carryingtoterms.org](mailto:info@carryingtoterms.org)

Website: [carryingtoterms.org](http://carryingtoterms.org)

Description: Providing non-directive information on pregnancy continuation for prenatal diagnoses of life-limiting conditions.

### **I Am Seen**

Address: PO Box 127 Sisters, OR 97759

Email: [support@iamseen.org](mailto:support@iamseen.org)

Website: [iamseen.org](http://iamseen.org)

Description: Provides care boxes for women who have experienced pregnancy loss.

### **Isaiah's Promise**

Email: [info@isaiahspromise.net](mailto:info@isaiahspromise.net)

Website: [isaiahspromise.net](http://isaiahspromise.net)

Description: Supports families who decide to carry to term after receiving a severe or fatal prenatal diagnosis.

### **Mama Bear Care**

Email: [VeritysVillage@gmail.com](mailto:VeritysVillage@gmail.com)

Website: [mamabearcare.org](http://mamabearcare.org)

Description: A community providing hope, encouragement, education, and practical support for families who receive a life-limiting prenatal diagnosis for their babies.

### **MEND**

Phone: 972-506-9000

Email: [rebekah@mend.org](mailto:rebekah@mend.org)

Website: [mend.org/beginning](http://mend.org/beginning)

Description: Christian nonprofit organization that reaches out to families who lose a baby through miscarriage, stillbirth or infant death.

### **National Down Syndrome Society**

Phone: 800-221-4602

Email: [info@ndss.org](mailto:info@ndss.org)

Website: [ndss.org](http://ndss.org)

Description: Empowering individuals with Down syndrome and their families.

### **Prenatal Diagnosis**

Phone: 888-517-5588 (24/7 call or text)

Website: [prenataldiagnosis.org](http://prenataldiagnosis.org)

Description: Support and connections for parents who have received a prenatal test result for their child.

## **SOFT**

Email: [soft@trisomy.org](mailto:soft@trisomy.org)

Website: [trisomy.org](http://trisomy.org)

Description: Empowering families with children diagnosed with Trisomy 18, 13 and related chromosomal disorders.

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## **Other Support**

### **Adoption Works**

Address: 5440 Harvest Hill Rd #140 Dallas, Tx 75230

Phone: 972-960-9981

Email: [adoptionworks@christian-works.org](mailto:adoptionworks@christian-works.org)

Website: [adoption-works.org](http://adoption-works.org)

Description: Adoption agency that offers pregnancy support and counseling, pre-adoption education and approval for hopeful adoptive families, and post adoption clinical support.

### **A New Beginning Adoption Agency**

Address: 8660 W Emerald St, Ste 142 Boise, ID 83704

Phone: 208-939-3865

Email: [admin@adoptanewbeginning.org](mailto:admin@adoptanewbeginning.org)

Website: [adoptanewbeginning.org](http://adoptanewbeginning.org)

Description: Adoption agency based in Idaho that facilitates adoptions throughout the United States.

### **Abortion Survivors Network**

Address: 4810 NE Vivion Rd #25531 Kansas City, MO 64119

Phone: (816) 737-8685

Email: [info@abortionsurvivors.org](mailto:info@abortionsurvivors.org)

Website: [abortionsurvivors.org](http://abortionsurvivors.org)

Description: Support for abortion survivors.

### **AdoptMatch**

Address: 140 S Lake Ave, Ste 348 Pasadena, CA 91101

Phone: 626-219-6266

Email: [info@adoptmatch.com](mailto:info@adoptmatch.com)

Website: [adoptmatch.com](http://adoptmatch.com)

Description: Connects expectant mothers considering adoption with waiting adoptive parents, agencies and attorneys committed to ethical adoption.

**And Then There Were None**

Phone: 888-570-5501 (call or text)

Email: [info@prolove.com](mailto:info@prolove.com)

Website: [abortionworker.com](http://abortionworker.com)

Description: Support for those quitting jobs in the abortion industry.

**Bethany Christian Services**

Phone: 800-238-4269

Website: [bethany.org](http://bethany.org)

Description: Adoption and pregnancy support.

**BraveLove**

Email: [info@bravelove.org](mailto:info@bravelove.org)

Website: [www.bravelove.org](http://www.bravelove.org)

Description: Provides resources and support for women considering adoption. Connects expectant mothers with organizations that offer counseling, adoption planning, and emotional support.

**Choice Adoptions**

Address: 12901 SE 97th Ave, Ste 150, Clackamas, OR 97015

Phone: 503-232-1211; 503-550-9310 (call or text)

Website: [www.choiceadoptions.org](http://www.choiceadoptions.org)

Description: Adoption service and free pregnancy support.

**GriefShare**

Phone: 800-395-5755

Email: [info@griefshare.org](mailto:info@griefshare.org)

Website: [griefshare.org](http://griefshare.org)

Description: Find a grief and loss support group near you.

**Institute of Reproductive Grief Care**

Address: PO Box 600533 San Diego, CA 92160

Phone: 619-501-9414

Email: [sandra@reproductivegrief.org](mailto:sandra@reproductivegrief.org)

Website: [reproductivegrief.org](http://reproductivegrief.org)

Description: Evidence-based education and resources to healthcare professionals, enabling them to deliver compassionate grief care reducing emotional trauma and improving maternal mental health.

**Lifetime Adoption**

Address: 6640 Congress St, Ste 101 New Port Richey, FL 34653

Phone: 800-923-6784

Email: [adopt@lifetimeadoption.com](mailto:adopt@lifetimeadoption.com)

Website: [lifetimeadoption.com](http://lifetimeadoption.com)

Description: Nationwide adoption center specializing in helping birthmothers and adoptive families navigate the adoption process.

### **Maternity Housing Coalition**

Phone: 800-712-4357 (24/7 hotline)

Email: [housing@heartbeatinternational.org](mailto:housing@heartbeatinternational.org)

Website: [maternityhousing.com](http://maternityhousing.com)

Description: 24/7 hotline and national directory of housing initiatives for pregnant women.

### **National Safe Haven Alliance**

Address: PO Box 12631, Glendale, AZ 85318

Phone: 888-510-2229

Email: [contact@nationalsafehavenalliance.org](mailto:contact@nationalsafehavenalliance.org)

Website: [nationalsafehavenalliance.org](http://nationalsafehavenalliance.org)

Description: Equips parents with safe alternatives that prevent infant abandonment while providing holistic care for both parents and babies.

### **Now I Lay Me Down to Sleep**

Address: PO Box 621669 Littleton, CO 80162

Phone: 720-283-3339

Email: [headquarters@nilmdts.org](mailto:headquarters@nilmdts.org)

Website: [nowilaymedowntosleep.org](http://nowilaymedowntosleep.org)

Description: Remembrance photography for parents experiencing the loss of a baby with a free gift of professional portraiture.

### **Prenatal Partners for Life**

Address: PO Box 2225 Maple Grove, MN 55311

Phone: 763-772-3868

Email: [mary@prenatalpartnersforlife.org](mailto:mary@prenatalpartnersforlife.org)

Website: [prenatalpartnersforlife.org](http://prenatalpartnersforlife.org)

Description: Support for expectant or new parents by connecting parents facing an adverse diagnosis with other parents who have had the same diagnosis.

### **Safe Families For Children**

Address: 4300 W Irving Park Rd, Chicago, IL 60641

Phone: 773-653-2200

Email: [info@safefamilies.net](mailto:info@safefamilies.net)

Website: [safe-families.org](http://safe-families.org)

Description: A network of caring and compassionate volunteers supporting families facing social isolation.

### **Safe House Project**

Address: 16155 Lancaster Hwy, Ste 292 Charlotte, NC 23454

Phone: (507) 769-0819

Email: [info@safehouseproject.org](mailto:info@safehouseproject.org)

Website: [safehouseproject.org](http://safehouseproject.org)

Description: Working to eradicate sex trafficking. Provides safe houses, emergency services, and education.

### **The Justice Foundation**

Phone: 210-614-7157

Email: [info@txjf.org](mailto:info@txjf.org)

Website: [thejusticefoundation.org/cafa](http://thejusticefoundation.org/cafa)

Description: Educational resources to empower women who are being forced, unduly pressured, or coerced into an unwanted abortion.