

# Letting the Light of Life Shine

When there is darkness, the light of life shines, reflecting off lifeless items and spreading the light of life to others. This light creates a brighter future and world, causing life to spread and the dignity of everything to shine.

The dignity of the human person is a thing of priceless value that should be treated like any valuable gem or metal. Protecting this dignity is something hard for most people to do. The concept that most people have a hard time remembering is that no matter the age, wealth, or intelligence everyone retains the same amount of dignity.

The Oxford Dictionary states that dignity is "the sense of your importance or value." This definition is great, but it is basic and makes it seem like dignity is tangible and is like currency. Dignity has a deeper value than explained by the definition. Dignity is unlike currency because it can't be spent, lost, or destroyed. Dignity is always retained by a person, it will stay there no matter the circumstances.

Often dignity will be disrespected either because someone is too poor, too old, too young, or too small, but always because "they're not good enough." This disrespect is caused by the misconception that tangible power will give you an advantage over someone else. Many people have often fallen into this trap leading to blunt, ignorant power that ends up negatively impacting the individual's reputation and relationships.

Many people have shown respect for people and their dignity throughout history, but one of the people that showcased the trait of respect the best is Mother Theresa. Mother Theresa showcased love and respect even for the sick, poor, and dying. When Mother Theresa was walking down the street one day she saw a poor person dying on the side of the road. She decided to approach the woman. When she realized the woman was in dire condition she rushed the woman to the hospital. When the hospital denied the woman a bed Mother Theresa stayed at the hospital for hours begging for a bed. Mother Theresa was finally granted her wish and later the woman died gracefully, under the care of medical staff.

In conclusion, letting life shine means protecting the dignity of everyone. This can be accomplished by treating everyone with respect and compassion. If society can do this, the light of life will shine brighter than any star.